THE HAVEN COMMUNITY

LOOKBOOK



May is Mental Health Awareness Month.

To honor this month, our team has put together a lookbook of photos we took that help put our mind at peace. We hope that by sharing these photos, others will also get to experience a similar calming effect.

Remember that your mental health is a priority. Make sure to take breaks and let your mind rest every now and then.

Enjoy.

STAFF MEMBERS

KATELYN VILLON

Katelyn Villon is the President of The Haven Community and is an artist passionate about creating pieces with a deeper meaning. She wants to comfort others by conveying her stories through her artworks. She wants to be able to help others by showing them they're not alone in this world, that there's someone who understands what they may be going through.

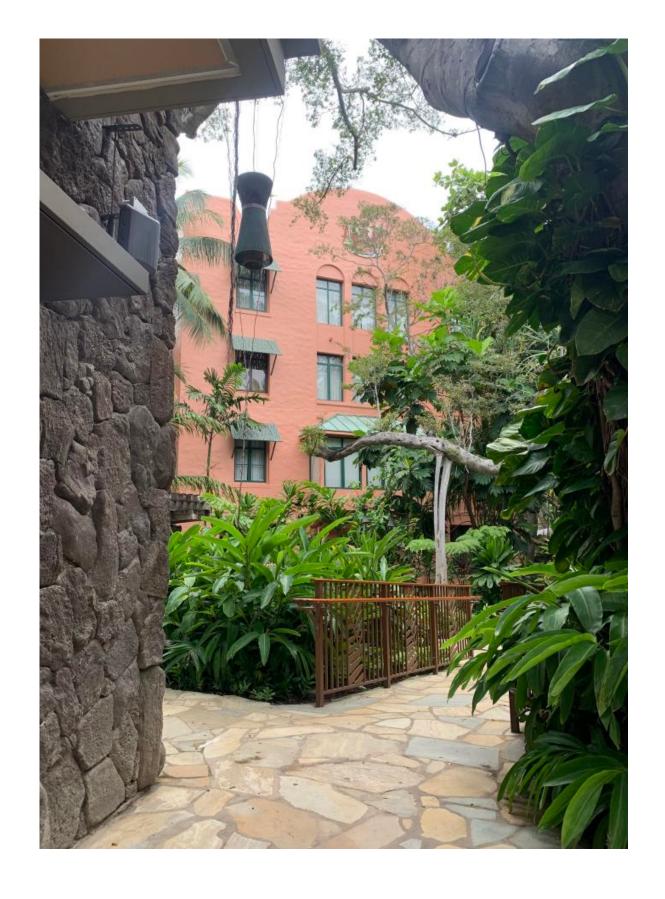
SARAH MICHAELS

Sarah Michaels is the Senior Vice President of Design and Media at The Haven Community. Although she has a great passion for science, she also finds interest in drawing and hopes that joining The Haven community will help her improve as an artist. She believes that it is critical for teenagers to take care of their mental health and realize that there's always someone out there willing to lend a hand or hug for you during times of struggle.

SHOURYA KULKARNI

Shourya Kulkarni is an artist at The Haven Community. She enjoys comic-style art, martial arts, and Indian classical dancing. She also has an interest in the STEM field.



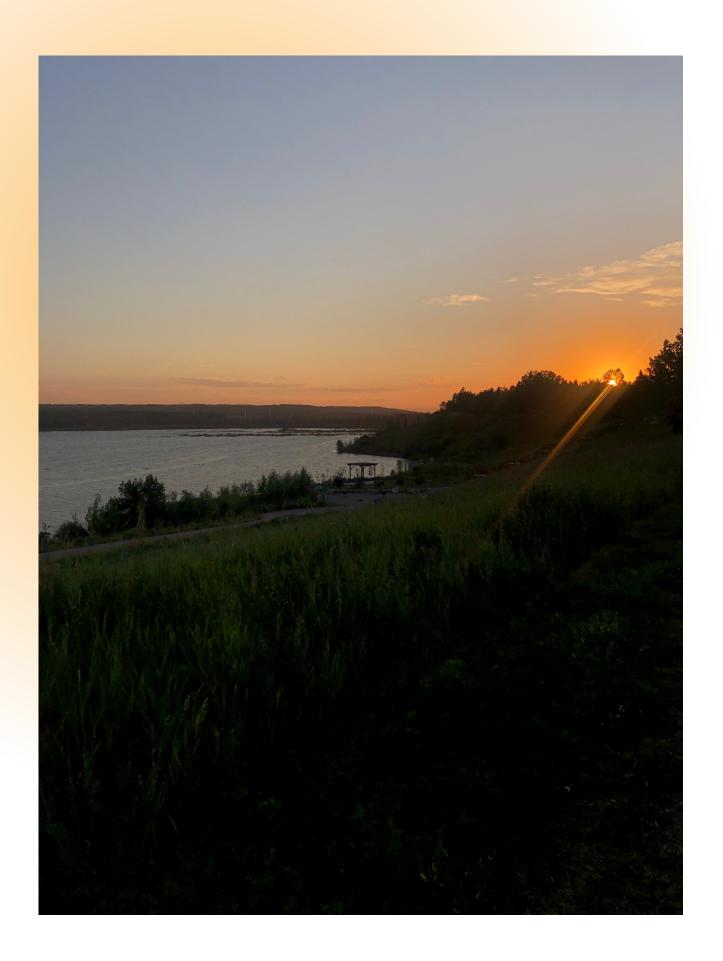


"The nearer a man comes to a calm mind the closer he is to strength" -Marcus Aurelius











BREATHE IN BREATHE OUT

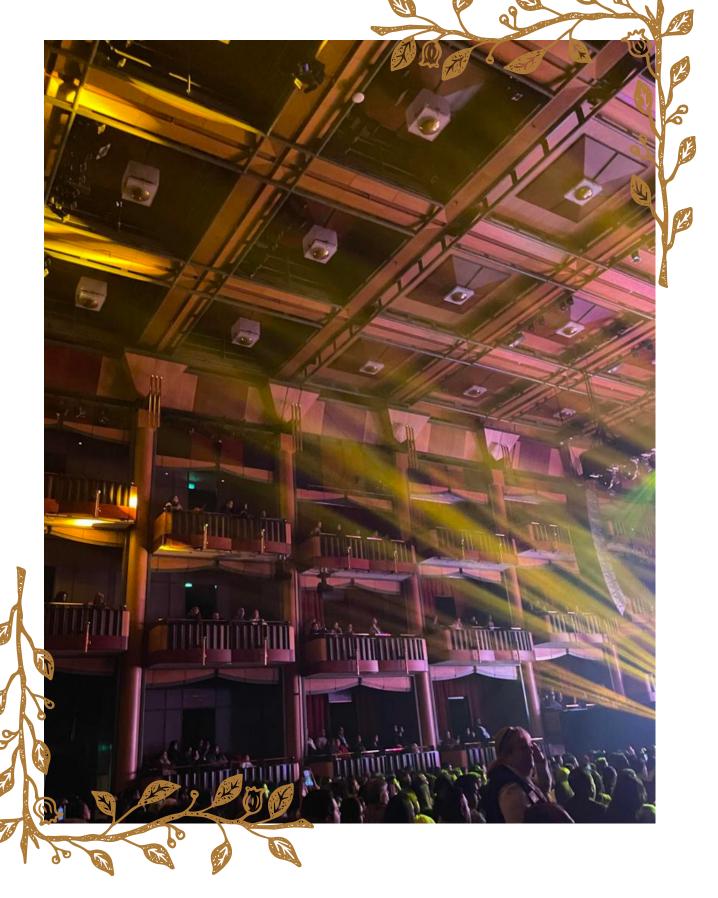












"Rhythm and harmony find their way into the inward places of the soul." -Plato Thank you.



The Haven Community

Unified in Building Each Other Up

thehavencommunity.net 1.213.436.1289